

Our Ref: SA/Admin/MO/Letter/PE/DAV/JAD

Date: 10th February 2026



EST **RUSKIN** 1909
Community High School
Learning Together. Achieving High Standards

Dear Parent/Carers

Thank you for all your support so far this year with ensuring your son/daughter has the correct kit for PE and Performing Arts. As you will already be aware, the weather at this time of the year is often cold and wet and therefore it is really important that students are kitted accordingly to be able to participate safely. Arriving fully equipped gives students the very best chance of succeeding at their learning.

Please see below a reminder of the PE:

PE	
Ruskin navy blue polo shirt	Trainers
Plain navy blue shorts (not fitted), Plain navy blue jogging bottoms or navy blue leggings.	Hair bobble (if required)
Black or Navy socks. Navy football socks are available to purchase in school.	All jewellery to be removed

Optional extra PE kit for lessons outside:

- Navy blue/black thermal layers (skins) for both upper and lower body
- School jumper/fleece
- Hats and gloves
- Students should bring a bottle for water

PE kit also allows for students to change back into their school uniform if weather conditions are unfavourable and not compromise their personal hygiene.

We are aware, however, that there are rare occasions when a student is not able to take part in their sport lessons due to illness or injury. If you wish for your child to be excused from taking part in the practical aspect of their PE lesson, then we do ask that either a note is written in their planner or that a phone call is made to the school to pass on this message to the PE department. If the injury/illness is a more long-term matter then the school must be supplied with a medical letter with information about the ailment. Students are still expected to participate in the lesson, taking on a variety of other roles which may include: scorer, umpire, analyst or coach; so they continue to develop excellence in sport. To keep their school uniform clean and dry for the rest of their lessons, every student excused from sport will be required to change into their PE kit and join their lesson.

Ruskin Community High School

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In order to maintain these expectations, students not fully equipped for their PE lessons will be required to borrow spare kit, and if this is a regular occurrence, will be issued with a detention as their PE kit is a necessary part of their school uniform. If students are unsure about any aspects of their kit, they can also find this information in their school planner.

Yours sincerely

Miss R Davies
Curriculum Leader for PE