

Career Guidance Meetings



How can you prepare for your meeting?

Think about:

- Your current situation - what planning or research have you already done?
- Do you know what entry qualifications, training or experience will be required for the career you are interested in?
- Have you got some ideas but don't know how to move forward?
- How much control do you feel you have in making your own choices?
- Do you need support identifying areas of interest that link to your skill set?
- Are you planning to attend College or Sixth Form Open Events?

Some of the benefits of a career's guidance meeting:

- A 1:1 meeting offering impartial advice
- Greater self-awareness
- Increased motivation and self- confidence
- Identification of achievable ambitions
- Improved decision-making skills
- Increased awareness of opportunities.