



Our Ref: SA: Admin/Letters/RSE/DAV/WIL

Date: 14th February 2024



Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is now part of the National Curriculum. The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain. I thought this would also serve as a good opportunity to keep you updated with our PSHCE curriculum for this term.

Over the course of the term Year 7 will be focussing on Relationships Education where they will be learning about self confidence, but also about identifying healthy and unhealthy relationships which will also include learning how to better manage conflict.

Year 8 will be studying Financial Management which will also include a workshop with Bexcard on the PSHCE drop down day.

This term Year 9 will be looking at future career and goal setting to support in their decision making in combination with the Options process that they are undertaking.

Year 10 will also be studying Relationships Education. They will be looking at commitment, marriage and the different types of relationships as well as how to manage conflict within a relationship.

Year 11 are developing their knowledge of successful communication in relationships. This also looks at values, respectful relationships and assertive communication.

Continued...

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As part of our PSHCE day on Thursday 14th March we have a number of workshops organised from external providers which we hope will be a really beneficial experience for students. Year 7 and 10 will be working with Avanti; looking at personal safety and the trainline as well as careers options within this industry. Year 8 will be taking part in financial education sessions with Bexcard, a charity who aim to provide better education on making healthy financial choices.

Year 9 will all be undertaking a Wellbeing Ambassador training course over the course of the day. The aim here is to enable students to feel more confident in tackling conversations around Mental health and wellbeing, as well as where to access support. Year 11 will be working with Higher Horizons where they will be on a carousel of workshops centred around preparing them for their upcoming GCSE's and supporting students with revision techniques.

Please do not hesitate to contact me at the school if you wish to discuss any of the above.

Yours sincerely

R Davies

Miss R Davies
PSHCE Co-ordinator