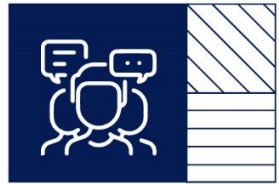




PSHCE and RSE Curriculum Map

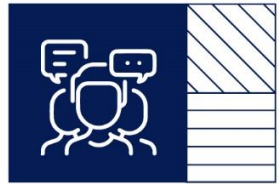


Year	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
7	Transition and safety	Health and puberty	Building relationships	Diversity	Digital literacy	Developing skills and aspirations
	<p>This topic introduces students to life at Ruskin and the transition to secondary school. Students also look at personal safety, both in and outside school (including online), and First Aid.</p> <p>Curriculum Links Geography – widening of horizons and knowledge of places in the community ICT – Being safe online</p>	<p>Students explore different types of healthy routines, influences on health and resilience, puberty, unwanted contact. This topic also promotes awareness of FGM and the health risks associated.</p> <p>Curriculum Links: PE – healthy lifestyles and components of fitness DT – Eatwell Guide, health and introduction to nutrition Science – puberty</p>	<p>This topic helps to promote self-worth, romance and friendships (including online) and respectful relationship boundaries.</p> <p>Curriculum Links: Science – Human reproduction and relationships MFL – Learning about families and different types of relationships Maths – Problem solving and resilience</p>	<p>In this topic, students explore the idea of being ‘active citizens’ as well as British and Humanitarian Values looking at Diversity, prejudice, and bullying</p> <p>Curriculum Links: Art – Exploring different cultures and celebrations with Day of the Dead English – Influences of Romantic poetry, ‘Refugee’ novel by Alan Gratz looking at modern day refugee crisis Geography – human geography and migration MFL – Personal appearance and different personalities as well as Spanish for Day of the Dead links with Art RE – Concept of Humanism and beliefs, denominations Dance – Exploring themes on personal safety and impacts of war in a wider context Geography – Ecosystems and the impact of human actions</p>	<p>This topic builds on current knowledge of online safety and dangers of grooming, digital literacy, media reliability, and gambling hooks.</p> <p>Curriculum Links: Careers ICT – Music festival project and media reliability, online safety</p>	<p>This topic introduces Career Education in schools as well as enterprise skills such as teamwork and listening skills to develop ambitious and confident learners. This is an opportunity to encourage students to reflect on their academic year successes and areas to develop to help them focus on raising aspirations.</p> <p>Curriculum Links: Art – Reflecting on skills learnt this year and work links within Abstract Art project</p> <p>English – links with ‘A Midsummer Night’s Dream’ and careers working in a theatre as well as ‘The Art of rhetoric’ – developing skills and aspirations</p> <p>Careers – aspirations</p>



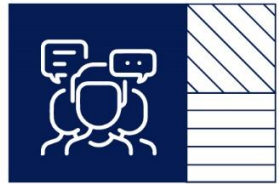
Year	Autumn 1	Autumn 2	Spring 1	Spring 1	Summer 1	Summer 2
8	Discrimination	Community and Careers	Identity and relationships	Emotional wellbeing	Financial decision making	Drugs and alcohol
	<p>This topic aims to create respectful learners who gain knowledge of and the unacceptability of discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.</p> <p>Curriculum Links: Drama/ English – Exploring causes of and impact of war on characters through poetry as well as ‘Frankenstein’ and ‘Ghost Boys’ with focus on discrimination and diversity Geography – Settlements and urbanisation links with human geography History – Industrial Revolution and influence of different cultures through immigration RE – Introducing traditions and different communities, customs, cultures and festivals DT – Appreciation of world foods through different cultures</p>	<p>This topic builds on the careers lessons in Year 7 and help to promote the equality of opportunity in careers and life choices, and different types and patterns of work drawing on wider skills. Students will begin to focus more on career paths and raising aspirations. To have a clear understanding of available post 16 and the opportunities to pursue them throughout KS3 and KS4. This unit allows students to demonstrate an openness to opportunities, once provided, and allows our students to explore their rights & responsibilities.</p> <p>Curriculum Links: RE – Tradition topic PE- rules and regulations Art – Exploring different artists and forms of Art. Links to Careers</p>	<p>In this topic students explore different themes such as gender identity, sexual orientation, consent, ‘sexting’, and an introduction to contraception.</p> <p>Students will also:</p> <ul style="list-style-type: none"> -Develop & rehearse team working skills -Develop & rehearse active listening, communication, negotiating & compromise skills. <p>Curriculum Links: English – Romeo and Juliet. Opportunity to focus on relationships</p>	<p>Here students learn about Mental Health and emotional wellbeing, including body image, coping strategies and how to maintain positive Mental Wellbeing.</p> <p>Curriculum Links: English – ‘Conflict poetry’ and managing emotions</p>	<p>This unit introduces finance and managing their own money. Students explore themes of saving, borrowing, budgeting and making financial choices, as well as the risks associated to gambling. Evaluate social and moral dilemmas re use of money. Evaluate the influence of advertising and the influence of peers on financial decisions.</p> <p>Curriculum Links: Careers, Maths – Finance, numbers, data handling</p>	<p>This topic focusses on alcohol and drug misuse, and the pressures relating to drug use. Students will develop their knowledge of risk and dangerous behaviour including vaping and smoking risks.</p> <p>Curriculum Links: Maths – Data handling</p>





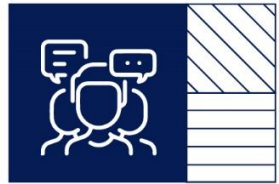
Year	Autumn 1	Autumn 2	Spring 1	Spring 1	Summer 1	Summer 2
9	Healthy lifestyles	Employability skills	Setting goals	Peer influence, substance use and gangs	Respectful relationships	Intimate relationships
	<p>This topic builds on previous learning around the importance of a healthy diet, exercise, promoting a good lifestyle balance and healthy choices including smoking and vaping, and First Aid.</p> <p>Curriculum Links: Drama – Developing confidence and baselines assessments History – Medicine PE – knowledge of leading healthy lifestyles and importance of activity in leading this DT</p>	<p>A focus of this unit is employability and online presence. This is an opportunity to encourage students to begin to think about the Options process and career paths to enable learners to hold high aspirations for Cultural Capital</p> <p>Curriculum Links: MFL – Links with Media and near future. Focus on careers in technology and the media Music – Links with Music competition producing/performing music and careers in this industry English – links with high aspirations and Inspirational voices DT – preparing nutritious dishes. Opportunities for Careers exploration Computer Science, Careers</p>	<p>This topic encourages students to reflect on their learning strengths, career options and goal setting to support as part of the GCSE options process to provide support to students to be successful learners. It also encourages them to understand the potential opportunities of setting and pursuing targets.</p> <p>Curriculum Links: Careers</p>	<p>Students here identify characteristics of healthy and unhealthy friendships, as well as promoting assertiveness. Students also introduced to the dangers of substance misuse both emotionally and physically as well as the risks of gang exploitation. Recognise financial exploitation, for example, drugs, mules & online scams.</p> <p>Curriculum Links: English – Power and conflict poetry and influence of others</p>	<p>In this relationships and Sex Education topic students learn about different types of families and parenting, healthy/ respectful relationships, conflict resolution, resilience and relationship changes,</p> <p>Curriculum Links: Dance – Developing leadership skills through creating performances. Looking at conflict resolution, relationships and resilience. Music – Social Media links and respectful relationships English – ‘Bloody Brothers’ studied earlier in the year with a focus on diversity, discrimination and relationships</p>	<p>This unit builds on previous learning around relationships and sex education including consent and sexual harassment, contraception, the risks of STIs, and attitudes to pornography</p> <p>Curriculum Links: Science – Human reproduction RE – commitment and different relationships</p>





Year	Autumn 1	Autumn 2	Spring 1	Spring 1	Summer 1	Summer 2
10	Mental Health and wellbeing	Exploring influence	Financial decision making	Families	Building for the future	Addressing extremism and radicalisation
	<p>In this unit students develop knowledge and understanding around mental health and ill health, stigma, resilience, safeguarding health, including during periods of transition or change. Supporting alongside start of new GCSE courses.</p> <p>Curriculum Links: PE – Nurturing lifelong participation in supporting good Mental Health</p>	<p>This unit focuses on the influence and impact of drugs, gangs, role models and how the media influences decision making.</p> <p>Curriculum Links: Computer Science – Ethics History – Causes of WW1 and propaganda in the media English – Power and conflict poetry and influence of others</p>	<p>Students building on previous learning around the impact of financial decisions, debt, gambling and the impact of advertising on financial choices.</p> <p>Curriculum Links: Careers, Maths – Finance, numbers, data handling</p>	<p>In this relationships and Sex Education topic students develop knowledge of different family units and parental responsibilities, relationships online, pregnancy, marriage and forced marriage and changing relationships.</p> <p>Curriculum Links: English – ‘A Christmas Carol’ focus on relationships, ‘Macbeth’ – relationships Science – Sex, Pregnancy, Contraception R.E – commitment, marriage and parental responsibility as well as difference between Arranged and Forced Marriage.</p>	<p>Students develop their self-efficacy, Resilience and stress management, and future opportunities. This unit aims to support with mental health in preparation for upcoming GCSE exams.</p> <p>Curriculum Links: Careers Business – making financial decisions</p>	<p>Students embedding positive attitudes to become well-informed members of their communities, belonging and challenging extremism, active citizens and drawing on British and Humanitarian values.</p> <p>Curriculum Links: RE – links to relationships and families, politics, understanding and appreciating different cultures English – ‘An Inspector calls’ and understanding diversity/discrimination</p>





Year	Autumn 1	Autumn 2	Spring 1	Spring 1	Summer 1	Summer 2
11	Next steps	Readiness for work	Communication in relationships	Healthy relationships	Independence	
	<p>This topic helps students with their application processes, and skills for further education, employment and ambitious career progression.</p> <p>Curriculum Links: Careers</p>	<p>This unit prepares students for and evaluation of work experience and readiness for work.</p> <p>Curriculum Links: Business – external influences on business English – Persuasive writing and careers</p>	<p>This topic focuses on personal values, assertive communication, including in relation to contraception and sexual health, relationship challenges and abuse</p> <p>Curriculum Links: English – Empathy through 10th Century Fiction Writing</p> <p>This topic prepares students for and evaluation of work experience and readiness for work.</p>	<p>This unit looks at relationships and sex expectations including sexual harassment, myths, challenges, including the impact of the media and pornography. It builds on the lessons learnt in Year 9.</p> <p>Curriculum Links: Business – ideas into practice. Online safety and presence Computer Science – Network security and online safety</p>	<p>In this unit students bring together previous learning to help make responsible health choices, and safety in independent contexts readying students for their futures once they leave Ruskin.</p> <p>Curriculum Links: PE – Nurturing lifelong participation in supporting good Mental Health and physical health English – Persuasive writing and careers</p>	

