

Our Ref: SA:Admin/Letters/PE/WIL

Date: 31st January 2024



EST **RUSKIN** 1909
Community High School

Dear Ruskin Families,

Thank you for all your support so far this year with ensuring your son/daughter has the correct kit for PE and Performing Arts. The opportunity for all students to participate in a range of sports and activities at Ruskin has been a huge positive this year. Students have risen to the challenge and participated with energy and enthusiasm.

As you will already be aware, the weather at this time of the year is often cold and wet and therefore it is really important that students are kitted accordingly to be able to participate safely. Arriving fully equipped gives students the very best chance of succeeding at their learning. We also have the Mock Examinations beginning next week and this will mean we will not be able to do any PE lessons inside the Sports Hall until half term.

Please see below a reminder of the PE and Performing Arts Uniform:

PE	Dance
Ruskin navy blue polo shirt	Ruskin navy blue polo shirt
Plain navy blue shorts (not fitted), Plain navy blue jogging bottoms or navy blue leggings.	Plain navy blue shorts (not fitted), Plain navy blue jogging bottoms or navy blue leggings.
Navy football socks (available from the PE Department)	
Trainers	
Hair bobble (if required)	
All jewellery to be removed	

Ruskin Community High School

Ruskin Road, Crewe, Cheshire, CW2 7JT

Headteacher: Mr D Postlethwaite BSC (Hons). MA. NPQH.

T: 01270 560514 - **F:** 01270 650248

E: enquiries@ruskin.cheshire.sch.uk

www.ruskinhighschool.co.uk



For Dance and Gymnastic activities, students are not permitted to wear shoes or socks

Optional extra PE kit for lessons outside:

- Navy blue/black thermal layers (skins) for both upper and lower body
- School jumper/fleece
- Hats and gloves
- Students should bring a bottle for water

PE kit also allows for students to change back into their school uniform if weather conditions are unfavourable, and also not compromise their personal hygiene. We did go through these expectations with students at the beginning of the academic year and have again reminded them recently due to the cold weather.

We are aware, however, that there are rare occasions when a student is not able to take part in their sport/dance lessons due to illness or injury. If you wish for your child to be excused from taking part in the practical aspect of their lesson, then we do ask that either a note is written in their planner or that a phone call is made to the school to pass on this message to the PE/Performing Arts department. If the injury/illness is a more long-term matter then the school must be supplied with a medical letter with information about the ailment. Students are still expected to participate in the lesson, taking on a variety of other roles which may include: scorer, umpire, analyst or coach; so, they continue to develop excellence in sport. Within dance, movement can be adapted to be fully inclusive, and your child will be offered alternative roles and responsibilities within the lesson. To keep their school uniform clean and dry for the rest of their lessons, every student excused from sport/dance will be required to change into their PE kit and join their lesson.

In order to maintain these expectations, students not fully equipped for their PE/Dance lessons will be required to borrow spare kit, and if this is a regular occurrence, will be issued with a detention as their PE/Dance kit is a necessary part of their school uniform.

If students are unsure about any aspects of their kit, they can also find this information in their school planner.

Yours sincerely

Miss R Davies

Curriculum Leader for PE

Miss C John

Curriculum Leader for Performing Arts



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