

Date: 12<sup>th</sup> December 2023



Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is now part of the National Curriculum.

As part of our PSHCE day on 13<sup>th</sup> December, your child will receive lessons on relationships, sexual health and personal safety.

The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

Year 7 will be looking at personal safety, including online as well developing a greater knowledge of First Aid. They will also be focussing on Dental Health and introducing Mental Health and what this looks like.

Year 8 will be focussing on Identity and Relationships as well as Emotional Wellbeing and belonging. As part of these topics students will be studying British Values and tackling homophobia.

Year 9 will be looking at First Aid as well as the topic of FGM. Students will also receive education on smoking and vaping as well as careers education.

Both Year 8, 9 and 10 will also be involved in workshops with Higher Horizons. We have strong links with Higher Horizons and look forward to welcoming them into school once more. They are funded by the government to help young people to raise aspirations and make informed choices about higher education.

Please do not hesitate to contact me at the school if you wish to discuss any of the above.

Yours sincerely

*R Davies*

Miss R Davies  
PSHCE Co-ordinator

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