

**Our Ref:** SA:/Admin/SLT/CH/WIL

**Date:** 12<sup>th</sup> May 2023



Dear Parent/Carer

**'Wear it Green Day' - Thursday 18th May**

Next week is 'Mental Health Awareness Week' and as a school we are taking part in 'Wear it Green Day' on Thursday 18th May.

We are asking every child in Year 7-10 to wear one item of green clothing, alongside their school uniform. This could be:

- a green tie
- a green pair of socks
- a green T Shirt with their school trouser/skirt and blazer
- a green jumper/cardigan over their shirt
- a green pair of trousers or suitable length skirt with their school shirt, tie and blazer
- a green blazer over their shirt with their school trousers/skirt

For those that join in and wear something green, we are asking for a donation of 50p, with the money going to the Mental Health Foundation, who carry out vital research, delivering Mental Health Support programmes for different communities.

Students will receive assemblies during the week on the theme of the 'Mental Health Awareness Week', which is anxiety, and completing activities in PSHCE.

Due to external exams, Year 11 are not able to take part in the 'Wear it Green Day'; however we will still be asking students to take part in Mental Health and Wellbeing activities during the week. We will also be sending out further guidance to support your child with the Mental Health and Wellbeing next week.

We are really looking forward to seeing our students wearing some green on Thursday 18th May, showing their support for those who may struggle with their Mental Health and Wellbeing.

Thank you for your continued support,

*Mrs C Harrison*

Mrs C Harrison  
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