## **FAMILIES AND COMMUNITIES TEAM**



## **PARENT WORKSHOPS**

## Suicide and Self-harm Awareness (90 minutes)

Visyon's Family and Community
Wellbeing Team are pleased to offer a
90-minute Parent workshop which
will provide information, advice and
strategies to empower parents to
effectively support their children with
their wellbeing.

This workshop is available for the families of the students at Ruskin Community High School in Crewe and will be held at the school for face-to-face delivery.

If you would like to book a place on the Workshop, please contact

FamiliesandCommunitiesTeam@visyon.org.uk

who will contact you with further details. Places are limited and will be allocated on a first come basis.



• Tuesday 6<sup>th</sup> December 2022 at 1.00 pm – 2.30 pm.

