

## FAMILIES AND COMMUNITIES TEAM

### PARENT WORKSHOPS



#### Parent Workshop: Connecting with your Teenager

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Workshop**. This workshop explores ways to communicate with your teenager and how to build the all-important connection, to maintain a positive and supportive relationship with your teenager. We will look at managing a challenging, argumentative and explosive teenager and explore strategies for managing a challenging family environment.

This workshop is **available for the families of the students at Ruskin Community High School in Crewe** and will be held **at the school** for **face-to-face** delivery.

If you would like to book a place on the Workshop, please contact

[FamiliesandCommunitiesTeam@visyon.org.uk](mailto:FamiliesandCommunitiesTeam@visyon.org.uk)

who will contact you with further details.

Places are limited and will be allocated on a first come basis.

#### Parent Workshop

- Monday 12<sup>th</sup> December 2022 at 10.00 am – 11.30 pm.

