

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Classic mac n Cheese
House Salad &
Coleslaw

Jerk Sausages Chive Mash
Roasted carrots & Gravy

Minced Beef & Potato Pie
Baby Potatoes & Broccoli

Chicken Curry with Rice &
Mango Chutney

Battered Fish or Sausage ,
Chips, Peas, Lemon &
Tartare Sauce

MAIN MEAL #TWO

Herby Tomato Pasta
Bake with House
Salad & Coleslaw

Quorn Sausages Chive
Mash Roasted Carrots &
Gravy

Quorn Mince & Potato
Pie Baby Potatoes &
Broccoli

Butternut Squash
Chickpea & Potato Curry
with Rice & Mango
Chutney

Chips Cheese & Beans

HANDHELD

Caesar Chicken
Baguette

Tandoori Chicken Wrap

Jerk Pulled Pork Baguette

Jumbo Hot Dog

Fish Finger Roll Crisp
Lettuce & Ketchup with a
Few Chips

BOWLED OVER

Rice

Pizza

Pasta

Pizza

DESSERTS

Fresh Fruit, Cold
Desserts &
Traybakes

Fresh Fruit, Cold Desserts
& Traybakes

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ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHERS. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and
Jacket potatoes
with various fillings
on offer including;
cheddar cheese, baked
beans and tuna with
mayonnaise

Bowled Over

Pasta / rice / noodles served
daily with different toppings!

**meal
Deals**

£2.40

VEGAN OPTIONS
AVAILABLE
DAILY!

THE
UPROOTED
KITCHEN