

LUNCH WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mac And Cheese Monday
Classic Macaroni in a Rich Cheese Sauce with Meat & Veggie Toppers

Flavoured Chicken Strips in A Khobez Flatbread with Salad & Sauces

Roasted Turkey Cranberry Sauce Sage & Onion Stuffing & Gravy

Kashmir Chicken Rogan Josh with Rice, Naan & Chutney

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

Mac And Cheese Monday
Classic Macaroni in a Rich Cheese Sauce & Veggie Toppers

Falafel & Hummus with Salad & Sauces in A Khobez Flatbread

Veggie Sausage Sage & Onion Stuffing & Gravy

Vegetable Rogan Josh with Rice, Naan & Chutney

Chips Beans & Cheese

Tikka Chicken Flatbread With Slaw & Sauce

BBQ Pulled Pork Baguette

Chicken Koftah in A Folded Naan Bread with Salad & Yoghurt

BBQ Beef Burrito

Fishwich with Lettuce Ketchup & a Few Chips

Noodles

Pizza

Rice

Pizza

**BOWLED
OVER**

Fresh Fruit, Cold Desserts & Traybakes

Fresh Fruit, Cold Desserts & Traybakes

Fresh Fruit, Cold Desserts & Traybakes

Fresh Fruit, Cold Desserts & Traybakes

Fresh Fruit, Cold Desserts & Traybakes

DESSERTS

RUSKIN
Community High School



ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

Bowled Over
Pasta / rice / noodles served daily with different toppings!

THE UPROOTED KITCHEN
VEGAN OPTIONS AVAILABLE DAILY!

**meal
DEALS**

£2.40