



# LUNCH WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Bangers & Mash with Garden Peas & Red Onion Gravy

Beef Lasagne Served With House Salad & Garlic Bread

Roasted Honey Glazed Gammon, Roast Potatoes & Gravy

Chicken Korma Rice & Sides

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

MAIN MEAL #TWO

Quorn Sausage Served With Buttery Mash, Peas & Red Onion Gravy 

Vegetable Lasagne Served With House Salad & Garlic Bread

Mac n' Cheese With Veggie Toppers 

Mughlai Vegetable Korma Rice & Sides

Chips Baked Beans & Cheese

HANDHELD

Garlic & Herb Chicken Flatbread

Sweet Chilli Chicken Wrap 

Mediterranean Chicken Wrap 

Vegan Spinach & Kale Burger or Crispy Chicken Wrap

Fishcake on Floured Bap with Lettuce & Mayonnaise

BOWLED OVER

Pasta Kitchen

Seasoned Rice Bowl 

Vegetable Chow Mein Noodles 

Pasta Kitchen 

DESSERTS

Cold Desserts Fresh Fruit & Tray Bakes

Cold Desserts Fresh Fruit & Tray Bakes

Iced Lemon Sponge with Custard

Cold Desserts Fresh Fruit & Tray Bakes

Cold Desserts Fresh Fruit & Tray Bakes



Meal Deals

Feast

## ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

## JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including: cheddar cheese, baked beans and tuna with mayonnaise

## Bowled Over

Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS AVAILABLE DAILY! THE PROTECTED KITCHEN