

LUNCH

WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Baked Chicken Meatballs in Tomato Sauce with Garlic Slice

Beef Chilli Nachos with Salsa & Guacamole

Roast Turkey Cranberry Sauce Sage & Onion Stuffing, Gravy.

Flavoured Chicken Strips served in Flatbread with Authentic Salads

Battered Fish Chips Peas Lemon & Tartare Sauce

MAIN MEAL #TWO

Roasted Vegetable & Tomato Pasta with Garlic Slice

Vegan Mixed Bean Chilli Nachos with Salsa & Guacamole

Mac n Cheese Garlic Mushrooms & Salad

Falafel & Hummus served in Flatbread with Authentic Salads

Chips Beans & Cheese

HANDHELD

BBQ Beef Burrito

Greek Chicken Wrap

Tandoori Chicken Wrap

100% British Beefburger with Salad Garnish

Fishwich

BOWLED OVER

Seasoned Rice Bowl

Pasta Kitchen

Sweet & Sour Noodles

Pasta Kitchen

Cold Desserts Fresh Fruit & Tray Bakes

DESSERTS

Cold Desserts Fresh Fruit & Tray Bakes

Cold Desserts Fresh Fruit & Tray Bakes

Iced Chocolate Sponge with Custard

Cold Desserts Fresh Fruit & Tray Bakes

Cold Desserts Fresh Fruit & Tray Bakes



Meal Deals

Feast

ALLERGIES
PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

JACKET STATION
Sweet potatoes and Jacket potatoes with various fillings on offer including: cheddar cheese, baked beans and tuna with mayonnaise

Bowled Over
Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS AVAILABLE DAILY!

THE UPROOTED KITCHEN