



REF: ADMIN/WHOLE SCHOOL/HAR/BEN
DATE: 8th February 2021

Ruskin Community High School
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 Ruskin Community High School

Dear Parent/Carer

In order to support our student's mental health and wellbeing, we are holding a 'No-Screen Mental Health and Wellbeing Day' on Tuesday 9th February.

Your child's teachers will be setting wellbeing tasks that they can complete during the day. We would like your child to still attend registration with their tutor at 8.55am and 1.50pm so that we can also check on their wellbeing that day and discuss the things they might do.

We very much hope your child enjoys this day and finds some tasks to do that can be completed away from their device. Normal lessons will resume on Wednesday 10th February.

Kind regards

C Harrison

Mrs C Harrison
Assistant Headteacher

HIGH STANDARDS HIGH ACHIEVERS

