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> ■ @RuskinHigh Ruskin Community High School



REF: ADMIN/WHOLESCHOOL/HAR/BEN

DATE: 8<sup>th</sup> February 2021

## Dear Parent/Carer

In order to support our student's mental health and wellbeing, we are holding a 'No-Screen Mental Health and Wellbeing Day' on Tuesday 9th February. For Year 11 students, this means they will have no lessons during Period 2 (11.10am – 1.10pm) and they will be able to complete wellbeing activities at this time.

Year 11 students will have Science Period 1 and Period 3. In these lessons they will be completing Science assessments. These are essential so that the Science Department can gather accurate assessment data for Year 11. It is therefore vital that your child attends these lessons and completes the assessments to the best of their ability.

We very much hope your child enjoys the time off in the middle of the day. All students will be having a further wellbeing session on Friday afternoon.

Kind regards

C. Hamson

Mrs C Harrison Assistant Headteacher



















